



**PATIENT TELEHEALTH INSTRUCTIONS
BEFORE YOUR VISIT:**

1. Your **Email and Cell phone numbers MUST be provided** to our office **BEFORE** your visit.
2. IDI utilizes **Zoom Cloud Meeting** for Telehealth visits.
3. Please select **ONE** of the following options for your visit :
 - **MOBILE DEVICE:** Iphone, Android, Tablet and iPad
 - Or **WEB BROWSER -ONLY available if your laptop or desktop has a MICROPHONE and a WEB CAMERA**

TIPS FOR YOUR TELEHEALTH MEETING:

- Please make sure that you are in a well lit place
- If you need evaluation of a hard to reach place, a second person may be necessary to assist you.
- **Please make sure to refresh your email inbox at the time of your appointment**

MOBILE DEVICE INSTRUCTIONS: (follow the steps listed below)

1. Go to the app store
2. Download **Zoom Cloud Meeting**
3. Check your email for a message from our office that has a link to connect you to the meeting
4. Click on the link provided in your email
5. You will be directed to the Zoom app that you just downloaded
6. Click "Join with video"
7. Click "Call using internet audio"
8. You're in!

WEB BROWSER INSTRUCTIONS: (follow the steps listed below)

1. On your desktop or laptop please go to your internet browser (Firefox, Google, Internet Explorer, or Safari)
2. Check your email for a message from our office that has a link to connect you to the meeting
3. You will be taken to a Zoom web page
4. The Zoom browser extension will begin to download automatically
(If a download does not begin automatically you can click "download here")
5. Click on the Zoom.exe to open the download
6. When prompted for your name, please type in your first and last name
7. Click: "join with Computer Audio"
8. Click in the lower left corner "Start Video"
9. You're in!