IN-OFFICE SURGERY PRE-OPERATIVE INSTRUCTIONS

Please read these following instructions carefully as important details regarding your upcoming surgery are reviewed. Your medical provider has set aside time to surgically treat your medical condition. If you need to change or cancel your appointment, please inform our office know as soon as possible so that we may offer that appointment slot to another patient.

General Information:
- When scheduling your appointment, please make sure to specify that it is for a surgery.
- Sutures are typically removed in 5-7 days (face) and 10-14 (body); plan accordingly by making sure you'll also be available for your suture removal appointment.
- In some cases the sutures will be dissolving sutures. Your doctor will let you know if he or she uses these at the time of your visit.
- Your surgery will be performed with the aid of local anesthesia; you will not need to be sedated.
- After surgery, the removed lesion(s) will be sent for pathologic examination. Your provider will receive the corresponding report approximately one week after your procedure.
- You will have a bandage or dressing after the surgery that in most cases can be removed the next day.
- You can anticipate minimal pain following surgery. You will be able to drive to and from our office unless otherwise instructed.
- Please arrive on time for your appointment.

Medications:
- Aspirin, Ibuprofen, vitamin E and Fish Oil can thin the blood while increasing drainage and bruising near the incisions.
- You may wish to reduce above medications (1) week prior to surgery.
- Tylenol is safe to take before surgery.
- If you are on Coumadin (warfarin), this should not affect your surgery as long as your blood levels are within regular limits. Call your primary doctor to check if you are unsure.
- If you are on Plavix or other other antiplatelet drug please check with your surgeon as to whether you should stop these prior to surgery.

Antibiotics:
- Most studies show antibiotics are NOT needed after skin surgery. For people with artificial heart valves, mitral valve prolapse, or had hip replacements please check with your doctor who implanted the hip or artificial valve or call the doctor who takes care of your mitral valve prolapse. If your doctor would like you to take an antibiotic before the surgery, please let our office know.

Pacemakers:
- Please inform your IDI provider if you have a pacemaker or other implantable electrical devices before your surgery.
Alcohol and smoking:
- Consumption of alcoholic beverages can increase bleeding and should be stopped 3-4 days prior to surgery. Smoking can cause poor healing and should be stopped if possible before the surgery.

Eating:
- It is OK to have a light meal before your procedure and you should do so if you have diabetes or are hypoglycemic.

Activity:
- You may be asked to abstain from certain sports or exercise activities for one to two weeks after the surgery to minimize strain or unnecessary tension on your incision. Please plan accordingly.
- School or work notes are available if an excuse or restriction in duties is needed.

Facial Surgery:
- Please arrive for your procedure without makeup.
- There may be bruising, especially if the procedure is near the eyes or lips.
- If your job or lifestyle requires you to be out of public contact you may wish to take one or two days off of work. A note will be provided if your job requires it.

Please give our office a call with any questions at: 847.675.9711 or contact the surgical coordinator for Dr. Dickie at 847.499.5500 extension 4.

Dr. David Lorber      Dr. Nona Craig      Dr. Sara Dickie

Erin Melley, PA-C    Amanda Schallman, PA-C

7/2017